



Colorado Springs
Allergy & Asthma Clinic, P.C.

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Below is a list of medications which you should not take 1 week prior to your first allergy appointment as they will interfere with skin test results:

This does not represent an all-inclusive list, but reflects the most common medicines.

**Holding of antidepressants, anti-anxiety, or other psychiatric medicines
always needs authorization by the prescribing physician.**

Actifed	Famotidine (Pepcid)	Tofranil (Imipramine)
Adapin (Doxepin)	Fexofenadine (Allegra) – All Types	Triaminic
Alavert (All Types)	Haldol (Haloperidol)	Trimipramine
Allegra (Fexofenadine) – All Types	Histussin	Tripelennamine (PBZ)
Amoxapine (Asendin)	Hydroxyzine (Atarax, Rezine, Vistanil)	Trinalin
Amitriptyline (Elavil)	Imipramine (Tofranil)	Tylenol Allergy, Cold & Flu Products
Anafranil (Clomipramine)	Loratadine (Claritin, many “store brands”)	Tussionex
Antihistamines (ALL)	Maprotiline (Ludomil)	Zantac (Ranitidine)
Antivert (Meclizine)	Mirtazapine (Remeron)	Zicam
Astelin	Meclizine (Antivert)	Zonalon (Doxepin)
Astemizole (Hismanal) – 6weeks	Nizatidine (Axid)	Zyrtec
Asendin (Amoxampine)	Norpramin (Desipramine)	<u>Sleep Aids:</u>
Atarax (Hydroxyzine)	Nortriptyline (Pamelor, Avantyl)	Tylenol PM
Atrohist	Novafed	Alleve PM
Aventyl (Nortriptyline)	Nyquil	Excedrin PM
Axid (Nizatidine)	Optimine (Azatadine)	Any medication that causes drowsiness
Azaradine (Optimine)	Ornade (Chlorpheniramine)	<u>Eye Drops:</u> Stop 1-2 days before testing
Benadryl (Diphenhydramine)	Pamelor (Nortriptyline)	Elestat
Brompheniramine (Bromfen)	Pediacare	Optivar
Chlorpheniramine (Ornade)	Periactin (Cyproheptadine)	Pataday
Chlorpromazine (Thorazine)	Pepcid (Famotidine)	Patanol
Chlortrimaton (Chlorpheniramine)	Phenergan (Promethazine)	Zaditor
Cimitidine (Tagamet)	Polyhistine	<u>Topical Medications:</u>
Claritin (Loratadine)	Prochlorperazine (Compazine)	Bactine
Clarinx (Desloratadine)	Protriptyline (Vivactil)	Cortaid
Clemastine (Tavist)	Ranitidine (Zantac)	Dermolate
Clomipramine (Anafranil)	Remeron (Mirtazapine)	Hydrocortisone
Compazine (Phenothiazine)	Robitussin	<u>Herbs:</u>
Cyproheptadine (Periactin)	Rondec	Astragalus
D’Allergy	Rynatan	Milk Thistle
Deconamine	Seldane (Terfenadine)	Green Tea
Dimetapp	Semprex	Saw Palmetto
Diphenhydramine (Benadryl)	Sinequan (Doxepin)	St. John’s Wart
Desipramine (Norpramin)	Surmontil (Trimipramine)	Feverfew
Doxepin (Adapin, Sinequan, Zonalon)	Tagamet (Cimitidine)	Allerplex
Dramamine	Tavist (Clemastine)	
Dristan	Terfenadine (Seldane)	
Drixoral	Theraflu	
Duravent	Thorazine (Chlorpromazine)	
Elavil (Amitriptyline)		

Please call our office with any questions regarding your medications
7 days prior to your scheduled appointment to speak with a nurse.