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Below is a list of medications which you should not take **1 week** prior to your first allergy appointment as they will interfere with skin test results:

PLEASE DO NOT STOP ANY ASTHMA INHALERS BEFORE YOUR VISIT

This does not represent an all-inclusive list, but reflects the most common medicines. Holding of antidepressants, anti-anxiety, or other psychiatric medicines always needs authorization by the prescribing physician.

Actifed	Fexofenadine (Allegra) - All Types	Trimipramine
Adapin (Doxepin)	Haldol (Haloperidol)	Tripeleminamine (PBZ)
Alavert (All Types)	Histussin	Trinalin
Allegra (Fexofenadine) - All Types	Hydroxyzine (Atarax, Rezine, Vistaril)	Tylenol Allergy, Cold & Flu Products
Amoxapine (Asendin)	Imipramine (Tofranil)	Tussionex
Amitriptyline (Elavil)	Loratadine	Zantac (Ranitidine)
Anafranil (Clomipramine)	Maprotiline (Ludiumil)	Zicam
Antihistamines (ALL)	Mirtazapine (Remeron)	Zonalon (Doxepin)
Antivert (Meclizine)	Meclizine (Antivert)	Zyrtec
Astelin or Astepro	Nizatidine (Axid)	Xyzal (Desloratadine)
Astemizole (Hismanal) - 6weeks	Norpramin (Desipramine)	<u>Sleep Aids:</u>
Asendin (Amoxampine)	Nortriptyline (Pamelor, Avantyl)	Tylenol PM
Atarax (Hydroxyzine)	Novafed	Aleve PM
Atrohist	Nyquil	Excedrin PM
Aventyl (Nortriptyline)	Optimine (Azatadine)	Any medication that causes drowsiness
Axid (Nizatidine)	Omade (Chlorpheniramine)	<u>Eye Drops: (1-2 days off)</u>
Azaradine (Optimine)	Pamelor (Nortriptyline)	Bepreve
Benadryl (Diphenhydramine)	Patanase	Elestat
Brompheniramine (Bromfen)	Pediapcare	Optivar
Chlorpheniramine (Ornade)	Periactin (Cyproheptadine)	Pataday/Patanol
Chlorpromazine (Thorazine)	Pepcid (Famotidine)	Zaditor
Chlortrimaton (Chlorpheniramine)	Phenergan (Promethazine)	<u>Topical Medications:</u>
Cimitidine (Tagamet)	Polyhistine	Bactine
Claritin (Loratadine)	Prochlorperazine (Compazine)	Cortaid
Clarinx (Desloratidine)	Protriptyline (Vivactil)	Dermolate
Clemastine (Tavist)	Ranitidine (Zantac)	Hydrocortisone
Clomipramine (Anafranil)	Remeron (Mirtazapine)	<u>Herbs:</u>
Compazine (Phenothiazine)	Robitussin	Astragalus
Cyproheptadine (Periactin)	Rondec	Milk Thistle
D'Allergy	Rynatan	Green Tea
Deconamine	Seldane (Terfenadine)	Saw Palmetto
Desloratadine (Xyzal)	Semprex	St. John's Wart
Dimetapp	Sinequan (Doxepin)	Feverfew
Diphenhydramine (Benadryl)	Surmontil (Trimipramine)	Allerplex
Desipramine (Norpramin)	Tagamet (Cimitidine)	
Doxepin (Adapin, Sinequan, Zonalon)	Tavist (Clemastine)	
Dramamine	Terfenadine (Seldane)	
Dristan	Theratlut	
Drixoral	Thorazine (Chlorpromazine)	
Duravent	Tofranil (Imipramine)	
Elavil (Amitriptyline)	Triaminic	
Famotidine (Pepcid)		

10/10 etc

Please call our office with any questions regarding medications to speak with a nurse.

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